A healthier U.S. is within reach, but we’re not quite there. Yet.

However, there is a way to help bridge this gap and provide more personalized, trusted care: Genetics.

Doctors see the opportunity.

More doctors encounter a clinical case where genetic tests can help.角度higher confidence in a diagnosis that soon recommendations can help improve patient adherence.

And patients agree.

23andMe Health customers are already taking action based on genetic data.

One key advantage people enjoy when they use genetic testing is the opportunity to control their health. Patients have told us that genetic testing and counseling helped them lead healthier lives.

About 76% of 23andMe customers who’ve ordered genetic health testing say they’ve taken action due to their results.

In a survey we conducted with patients, they shared:

Dr. Peter Greene is a genetic counselor at Memorial Sloan Kettering Cancer Center in New York City. He is passionate about communicating this information and his own life story to patients. Many people with hereditary hemochromatosis go unnoticed and it can cause severe damage.

Recently, a patient visited Dr. Greene’s clinic for a routine checkup. His iron levels were irregularly high, and a genetic test was ordered.

When Dr. Greene reviewed the test results, he was shocked to see a genetic variant that puts patients at risk of iron overload-related cardiac disease. The patient is now being treated with regular blood transfusions to manage his iron levels.

What’s the benefit of ordering genetic testing? It’s discovering things you may not know about your health.

In the last year, 23andMe has identified more than 1 million genetic variations, including many that were new to science,

Discover how your DNA can influence your health with 23andMe.

Take a Health + Ancestry Service, or you can order Genetic Health, Carrier, and Wellness Reports separately.

Step One: Order

Sign up for emails at www.23andme.com.

Learn More.