Summary
This white paper serves as a companion to the Neanderthal report offered to 23andMe customers as part of the 23andMe® Personal Genome Service. It offers more details on the methods used in calculating Neanderthal variant counts and in detecting human traits that are associated with Neanderthal variants. We hope that
this white paper may also serve the scientific community to understand how genetic variation inherited from Neanderthal ancestors may affect modern-day phenotypes.

**Introduction**

A fascinating topic in human evolution is the relationship between present-day humans and our closest evolutionary relatives, the now extinct *Homo neanderthalensis*, or Neanderthals. One of the most debated aspects of this relationship was whether and how much Neanderthals and modern humans interbred during the tens of thousands of years we cohabited in Europe and Western Asia.

Analysis of the first draft of the Neanderthal genome [1] led to the discovery that Neanderthals did indeed interbreed with modern humans. Researchers found that 1-4% of the genomes of all modern humans outside of Africa are of Neanderthal origin.

Subsequent research identified specific Neanderthal-derived alleles (variants) that are likely to have been introduced into modern humans [2]. Researchers detected these variants using rigorous statistical modeling, and it is believed that they are seen in present-day populations only because they were introduced by interbreeding with Neanderthals. Therefore, the observation of any of these variants in a living individual is indicative of the presence of DNA that came from Neanderthals.

Scientists at 23andMe further noticed that several of these Neanderthal variants are associated with traits in 23andMe customers. This white paper details not only our method for estimating the number of Neanderthal variants that a 23andMe customer carries, but also our approach to identifying the physical traits associated with those variants that are likely to have entered modern human populations through Neanderthals.

**Methods**

**Counts of Neanderthal variants**

We obtained, from the authors of [2], a list of 135,171 SNPs (Single Nucleotide Polymorphisms) for which the derived allele (the "Neanderthal variant") is believed to have originated in Neanderthals and later entered the modern human population via interbreeding. Of these, 1,436 SNPs are assayed via our genotyping chip and also pass our genotyping quality criteria. For each SNP, an individual carries 0, 1 or 2 Neanderthal variant copies. We report the total number of copies (the Neanderthal variant count) that the individual carries out of a possible 2,872. Although it is theoretically possible for someone to carry all 2,872 Neanderthal variant copies, most individuals carry only a subset. The average 23andMe customer carries 267.4 ± 47.3 Neanderthal variant copies (mean + SEM). The minimum and maximum Neanderthal variant copies that we’ve observed are 0 and 387, respectively.
A person’s Neanderthal variant count is a signal that is likely to be correlated with the amount of Neanderthal DNA in their genome. That variant count can be compared with other 23andMe customers to determine what proportion carries more or less. The proportion of customers that has fewer Neanderthal variant copies is displayed in the report as a percentile and is reported along with the variant count.

**Phenotypes associated with Neanderthal variants**

By combining and analyzing data from our large database of customers who have consented to participate in research, web-based surveys, and custom genome-wide association study (GWAS) tools, 23andMe scientists routinely identify genetic associations for a variety of human traits. These analyses have been used to replicate associations reported in the literature and to publish novel associations in peer reviewed journals [3-13].

We examined our database of GWAS associations across 1,436 Neanderthal-associated SNPs genotyped by 23andMe. We focused on 310 phenotypes in European customers, and found five SNPs that are lead "hits" associated with four different traits and achieve genome-wide significance with a p-value cutoff of 5e-8 (see **Table 1**). Furthermore, by examining the sign of the estimated effect of the variant on the trait, we inferred the impact of carrying the Neanderthal variant on the phenotype in present-day individuals. In our Neanderthal report, we describe which of these Neanderthal variants a customer carries (if any), and the expected effect of each variant on the corresponding trait.

**Table 1. Neanderthal variants significantly associated with traits**

<table>
<thead>
<tr>
<th>Phenotype</th>
<th>SNP</th>
<th>Neanderthal allele</th>
<th>Signed effect</th>
</tr>
</thead>
<tbody>
<tr>
<td>Back hair</td>
<td>rs4849721</td>
<td>T</td>
<td>-0.066</td>
</tr>
<tr>
<td>Hair curl</td>
<td>rs12458349</td>
<td>G</td>
<td>-0.07</td>
</tr>
<tr>
<td>Height</td>
<td>rs7544462</td>
<td>C</td>
<td>-0.117</td>
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<tr>
<td>Height</td>
<td>rs1877547</td>
<td>A</td>
<td>0.074</td>
</tr>
<tr>
<td>Dark chocolate sneeze</td>
<td>rs11213819</td>
<td>T</td>
<td>-0.387</td>
</tr>
</tbody>
</table>
Discussion
The 23andMe Neanderthal report now offers 23andMe customers a detailed look at their Neanderthal ancestry by looking at a set of 1,436 Neanderthal-derived variants. While the Neanderthal report no longer provides a customer's overall "percent Neanderthal", it instead provides a detailed map of Neanderthal ancestry and GWAS-based clues regarding how this ancestry might influence traits. Although we are confident that the variants tested for in the Neanderthal report represent signals of Neanderthal ancestry, it is important to note that they represent only a fraction of the total amount of Neanderthal ancestry an individual carries.

Acknowledgements
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References


Revision History

October 20, 2015

- This white paper reflects a fundamental change in the presentation and methodology for inferring Neanderthal ancestry. It replaces the previous 23andMe Neanderthal white paper published on December 5, 2011 (last edited on January 8, 2012), which addressed the calculation of a customer’s percentage of Neanderthal DNA. The new method for inferring Neanderthal ancestry reflected in this white paper counts the number of genetic variants of Neanderthal origin and associations between these variants and a select group of traits.

December 8, 2015

- This minor revision clarifies several aspects of the methodology employed by the new Neanderthal ancestry report.